

The Quallsafe First Response Emergency Care Requalification (Level 4 RQF) covers a full range of competencies to build on the training received on FREC 3. Over 5 days, you will fulfil the criteria set out in the PHEM skills framework at descriptor level E (Advanced Provider).

The training focuses on providing effective emergency and urgent care. Ideally suited for those working in security, public sector and individuals who would like an advanced knowledge of pre hospital care and maybe aspire to progress to FREC 5 or with blue light driving work as ECA.

Training is held at our venue in Buckinghamshire, with emphasise on practical elements.

There are work books to complete prior to awarding certificate.

### The syllabus includes:

- Initial patient assessment
- Physiological observations
- Anatomy and physiology
- Heart disease
- Electrocardiogram application and monitoring
- Managing a patient's airway
- Medical gases
- Thoracic trauma
- Sepsis
- Maternity care
- Respiratory disorders and infections
- Mechanisms of injury and kinetics
- Triage
- Full body and limb immobilisation
- Sexual assault
- Major incidents
- Psychosocial development in children
- Emergency care for sick and injured children
- Mental health crisis
- Assisting the clinician with clinical interventions

**Duration:** 5 days.

**Entry Criteria:** Previous attendance on a FREC 3 within the last three years; certificate must still be in date.

**Certification:** Quallsafe Awards Level 4 Certificate in First Response Emergency Care - this qualification is valid for 3 years while the student maintains (CPD) portfolio & has attended annual refresher training (ILS).

# First Response Emergency Care Level 4

